

Free Camp T-Shirt!  
Registration deadline  
July 10

## Sign Me Up!

Yes! I want to be part of the 14th Annual National Champion Volleyball Camp.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Emergency phone \_\_\_\_\_

Parent e-mail \_\_\_\_\_

School \_\_\_\_\_

Grade (fall 2017) \_\_\_\_\_

Shirt size (circle one):

Youth: S M L XL

Adult: S M L XL

*Waiver:*

*I hereby authorize the staff of the National Champion Volleyball Camp to act for me according to their best judgment in any emergency that may require medical attention. I hereby waive and release Lakeshore Public Schools, Lisa Gathright and National Champion Volleyball Camp from any and all liability for all injuries or illnesses incurred while at camp.*

\_\_\_\_\_  
Parent Signature

**Register and pay online at  
[southwestvolleyball.org](http://southwestvolleyball.org)**

**OR make checks payable to:**  
Southwest Volleyball Club  
1055 West Linco, Stevensville, MI 49127

## THANK YOU

**HUDAK CHIROPRACTIC CLINIC, PC**

**804 Elm Street**

**St. Joseph, MI 49085**

**269-983-5527**

**[hudakclinic.com](http://hudakclinic.com)**

**July 25-28, 2017**

[www.southwestvolleyball.org](http://www.southwestvolleyball.org)

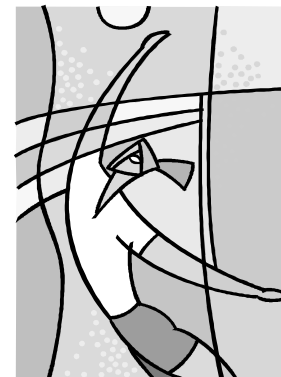
**Questions?**

**Call Lisa Gathright at 269.313.4563**

[lisagathright@gmail.com](mailto:lisagathright@gmail.com)

**July 25-28, 2017**

## 14th Annual National Champion Volleyball Camp



**You'll Dig It!**

**Space Limited!**

# National Champion Volleyball Camp

Welcome to the 14th annual National Champion Volleyball Camp, July 25-28, 2017.

We are looking forward to providing another great camp experience for players of all ages.

If you have joined us before, you already know that we are committed to running a high quality southwest Michigan area-wide volleyball camp that has a strong emphasis on the fundamentals of volleyball.

It has always been our priority to provide excellent instruction from quality coaches and former players who are not only knowledgeable of the game,

but have a love for kids as well.

Come join us!



A handwritten signature in blue ink that reads "Lisa Gathright".

## Camps Designed for Varying Skill Levels (Tuesday-Friday)

### High School Camp

*For those entering grades 9-12*

Prepares campers for high school level competition and beyond. Emphasis on proper dynamic warm-up before moving into drill work designed to hone specific skills. Players will have opportunity to work on scenarios appropriate to their playing level and position. Controlled scrimmages will be used to simulate game situations and teach strategy.

**Where:** Lakeshore High School

**When:** 8 am-12 pm

**Cost:** \$150

### Middle School Camp

*For those entering grades 6-8*

Prepares campers for entry-level volleyball competition. Campers gain basic understanding of game rules and strategies as they work with coaches in group drills. Focus is on skill development and proper technique.

**Where:** Lakeshore High School

**When:** 6-8 pm

**Cost:** \$75

### Elementary School Camp

*For those entering grades K-2 and 3-5*

**Where:** Lakeshore High School

**When:** 12:15—1:15 pm (grades K-2); \$30

4:30-6 pm (grades 3-5); \$50

## Camp Director Lisa (Hudak) Gathright



- UCLA 2-Time *NCAA National Champion*, 4 Final Four appearances
- *All-American* Middle Blocker, Lakeshore HS
- Professional indoor (Europe) and beach player (AVP)
- Director, Southwest Volleyball Club
- Personal Trainer, NSCA-PT
- 2-Year Varsity Coach, Lakeshore HS
- Over 20 years coaching experience